

Girls on the Run is so much fun!

Girls on the Run is a 10-week experience that inspires girls to be joyful, healthy and confident through creatively combining life lessons with running, in an interactive and incredibly fun way! Girls on the Run equips girls with confidence & tools that empower them for a lifetime of healthy living!



Season Begins Week Of:
February 27th, 2017

Site Location:
Edwardsville

Meeting Days:
Tuesday, Thursday

Times:
6:00 PM to 7:30 PM

Contact:
Lindsey Apple
lindsey@applefamily.org or
618-219-5264

Registration Fee:
\$150

Payment plans and scholarships are available!

At the end of the season,
girls in the program will participate in the
**Girls on the Run 5k event on
May 13, 2017!**



Online registration is
available for
3rd 5th grade girls
Jan. 23 Feb. 22 @
Noon!



For more information about our program,
please visit our website.

www.girlsontherunstlouis.org