

THANK YOU TO OUR SPONSORS FOR MAKING BIKE MS POSSIBLE »



Don't just ride, Bike MS

BIKE MS: GATEWAY GETAWAY RIDE
2016 » RIDE TOWARD A WORLD FREE OF MS



bike
MS

EVENT GUIDE
SEPTEMBER 10-11 » GODFREY, IL

EXPRESS SCRIPTS®
Gateway
Getaway
Ride 2016

ON THE ROAD TO A WORLD FREE OF MS

» BY RACHEL BEAR



RACHEL BEAR AND HER FATHER (AND BOARD MEMBER) JOHN.

Near the end of summer 2015, I was getting ready to pack my things and start my junior year at the University of Missouri, Columbia. I was excited to see my friends, move into a new apartment, and start classes. However, life threw a wrench in my plans.

July 2015, I was having trouble with my eyesight. As a young, healthy 20 year old, I didn't think twice, until the sight in my left eye was almost completely compromised. Doctors told me I had optic neuritis. Shortly after, I was diagnosed with multiple sclerosis. MS was completely foreign to me. I remember trying to learn all I could about my diagnosis and thinking I needed to do everything in my power to fight it. With the support of my family, I made the decision to finish out my college experience at Mizzou and embrace a new lifestyle.

Only a month after being diagnosed, my family motivated me to participate in Bike MS 2015. In just three weeks, we formed a small team, Ridin4Rae, and fundraised \$3,000! This year, our team of four has grown, and we continue to raise money for a cause that has closely impacted my life. MS affects so many people in different ways. Most of us are friends or family with someone who lives with MS, even if we don't know it. This is why it's important for all of us to come together in this fight. Through efforts like Bike MS, we help fund research to increase knowledge of this disease and, ultimately, find a cure.

I would like to thank the thousands of riders and volunteers who continuously support Bike MS. I am fortunate to have many blessings in my life and MS is just one more obstacle I intend to overcome every day.

| | | | | |
|----------------|---------------------------|-------|-----------------------------------|----|
| INSIDE: | WELCOME TO BIKE MS..... | 3 | WHAT BIKE MS BIBS MEAN..... | 14 |
| | DIRECTIONS | 5 | REST STOP INFORMATION | 15 |
| | PARKING INFORMATION | 5 | TOP 150 CLUB RECOGNITION..... | 16 |
| | ON THE ROUTE | 6 | CIRCLE OF DISTINCTION..... | 18 |
| | CYCLISTS' SUPPORT..... | 9 | THANK YOU COMMITTEE MEMBERS | 20 |
| | WEEKEND ITINERARY | 10-11 | BIKE MS PRIZES | 22 |
| | LEWIS & CLARK MAP | 12-13 | PRIZE FORM..... | 23 |
| | MEALS..... | 14 | SPONSOR THANK YOU..... | 24 |

WELCOME TO LEWIS & CLARK COMMUNITY COLLEGE »

ABOUT US

Lewis and Clark Community College is a two-year higher education institution with multiple campuses, a river research center, Community Education Centers and training centers located throughout its district, which reaches into seven counties and includes more than 220,000 residents. The college's historic Godfrey campus is located on the grounds of the former Monticello College, a seminary for women dating back to 1838. To learn more, visit www.lc.edu/discover.

SAFETY AND SECURITY

L&C works to ensure a safe environment on its campuses, and has security officers on patrol 24 hours per day, seven days a week.

We handle: crowd control, parking detail, lock-outs, car jumps, escorts, vehicle accidents, building evacuations, and standard officer patrol and investigations.

The Campus Security office, located at the north end of campus, works closely with members of the college community and local law enforcement agencies.

To reach the campus operator, dial "0" from any campus phone or (618) 468-7000 from a personal phone. In case of an emergency, call 9-1-1 or locate one of the blue emergency boxes in the parking lot outside the Hatheway Cultural Center.

Visit www.lc.edu/security for more info.

WHILE YOU'RE ON CAMPUS PLEASE REMEMBER

There is no smoking allowed on campus (includes all forms of smoking, anywhere on campus, including private vehicles while parked on or driving through campus property).

Drugs are prohibited.

Tent camping is restricted to designated camping areas only.

REMEMBER TO BRING AT LEAST ONE WATER BOTTLE, AND HELP US GO CUP FREE!

CYCLING SHOES SHOULD NOT BE WORN INSIDE CAMPUS BUILDINGS.



www.lc.edu/discover



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As one of the nation's leading specialty pharmacies, we know it's hard to manage serious conditions like multiple sclerosis. That's why our patient care teams work hard to find solutions for the challenges you face every day.

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GETTING TO LEWIS & CLARK COMMUNITY COLLEGE »

DIRECTIONS

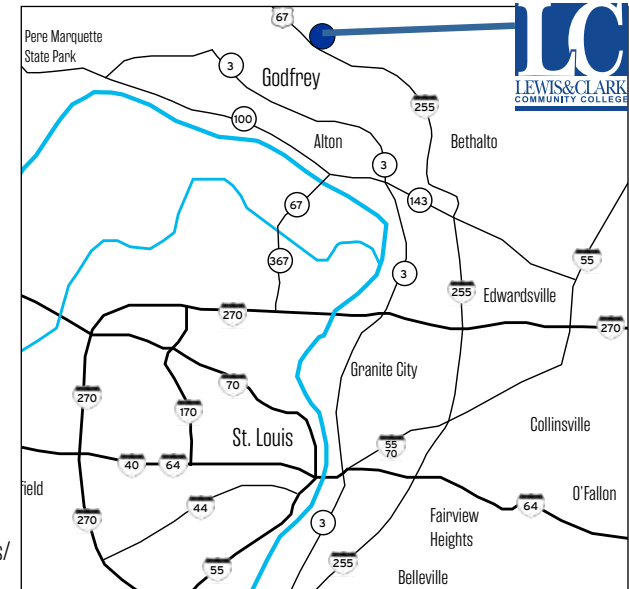
Lewis & Clark Community
5800 Godfrey Rd, Godfrey, IL 62035

FROM IL-255

Take Exit 19 toward Humbert Road.
Turn left on Humbert Rd.
Turn right on Pearl St.
Turn left on Godfrey Rd.
Turn right onto Elm St. onto campus

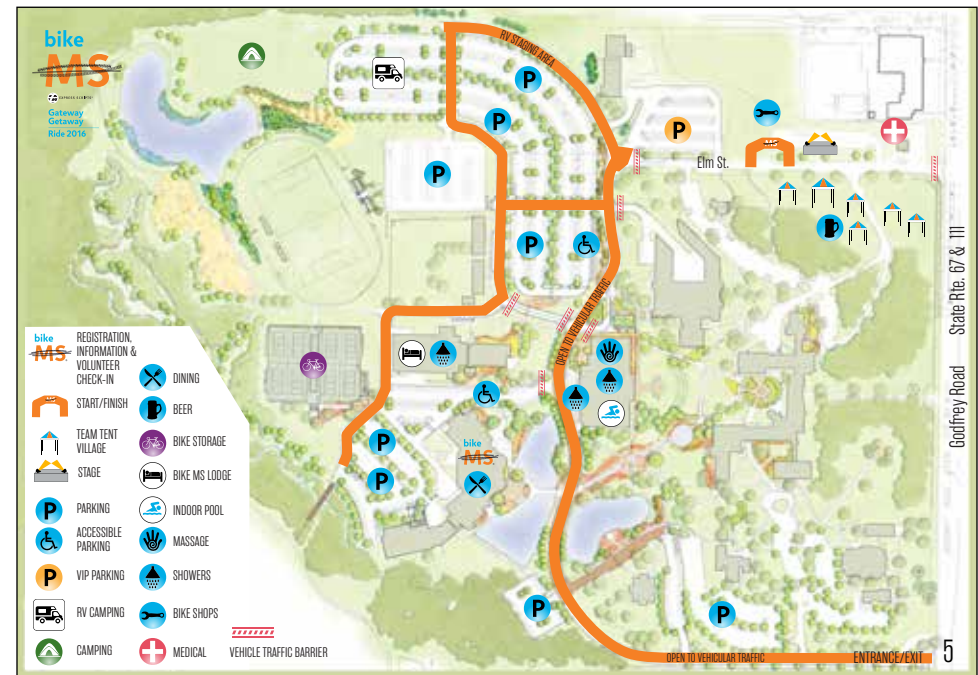
FROM I-270

Take exit 31B toward Alton.
Follow U.S. 67 across the Clark Bridge,
and turn left onto U.S. 67/Landmarks Blvd.
Continue on U.S. 67 as it turns into
Martin Luther King Dr.
Turn right onto Godfrey Rd.
Turn left onto LCCC Rd. onto campus
Visit http://www.lc.edu/Maps_and_Directions/
for campus maps and directions via Google.



PARKING

You will enter campus off 111/Godfrey Road onto LCCC Road at the south edge of campus and follow signs to the parking lots. RV and camping parking is in the furthestmost northeast part of campus.



ON THE ROUTE »

Each route is clearly marked. Make note of the sign color of the route you wish to ride. The opening ceremony is 7 a.m. Saturday. If you start after 8:30 a.m. you **MUST** ride the 25-mile route or be driven to a rest stop. This is for the safety of all cyclists. The route closes at 6 p.m. Riders still on the route will be taken by SAG to the finish.

↑ 25-MILE ROUTE SATURDAY STARTING WINDOW: 9-9:30 a.m.
YELLOW ARROWS SUNDAY STARTING WINDOW: 9-9:30 a.m.

↑ 50-MILE ROUTE SATURDAY STARTING WINDOW: 7:30-8:30 a.m.
GREEN ARROWS SUNDAY STARTING WINDOW: 7-8:30 a.m.

↑ 75-MILE ROUTE SATURDAY STARTING WINDOW: 7:30-8:30 a.m.
ORANGE ARROWS SUNDAY STARTING WINDOW: 7-8:30 a.m.

↑ CENTURY ROUTE SATURDAY STARTING WINDOW: 7:30-8:30 a.m.
BLUE ARROWS SUNDAY STARTING WINDOW: 7-8:30 a.m.

TRAIL RIDING

- Cyclists riding the 75 mile route option Saturday will have the **OPTION** to ride on portions of the Madison County Transit Trail System. This route will be marked with **PURPLE** arrows and is approximately 23 miles of the 71.5 trail route. Note: Trail riding is an option. All other routes will be on road surfaces. SAG support will be limited on trail sections.

CENTURY ROUTE

- Don't forget to pick up your century patch at the second rest stop on the century route.
- Century loop options will be a single loop, prior to the lunch stop each day. On Saturday, the Century Loop will begin just after Rest Stop 3 (31.6 miles) and cyclists **MUST BE** at the start of the Century Loop by 11 a.m. in order to complete this option. On Sunday, the Century Loop will begin at Rest Stop 2 (21.2 miles) and cyclists **MUST BE** at the start of the Century Loop by 10 a.m. Cyclists after these times will be unsupported on the route (no SAG support or rest stops).

LOWER MILEAGE ROUTES

- Time checks will be on each route to ensure you are finished by 6 p.m.
- Approximately 25 and 50-mile options will be available each day.
- Part of the route will be shared with other routes.

REST STOPS

- Located every 8 to 12 miles along the routes, rest stops offer: water, sports drinks, snacks, rest rooms, medics and mechanical support.
- Please be respectful. Stops are held at local businesses, schools and at private residences.
- Be sure to rate rest stops with ballots provided by the rest stop volunteers at each stop and thank them for their hard work in keeping everyone fed, hydrated and encouraged.



Good luck Team Maritz
and to all the riders
and volunteers who
support Bike MS
Pedal on!



M
**SUPERIOR
LIGHT BEER**

ENJOY RESPONSIBLY
© 2016 Anheuser-Busch, Michelob Ultra® Light Beer, St. Louis, MO. 105 calories, 2.6g carbs, 0.6g protein and 0.0g fat, per 12 oz.

Here's to
high performance at its best.

Accenture is proud to support the 2015 Bike MS Express Scripts Gateway Getaway ride. We applaud the National MS Society's efforts to educate, inspire and empower those affected by multiple sclerosis.

Strategy | Consulting | Digital | Technology | Operations



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CYCLISTS' SUPPORT » WE ARE THERE FOR YOU

SUPPORT & GEAR (SAG) VEHICLES

- SAG vehicles patrol each route to provide support for cyclists between rest areas.
- Flashing the thumbs up sign to oncoming SAG drivers will let them know you are cycling without problems; thumbs down signals the SAG to stop and help.
- SAG drivers will not be able to transport gear for you unless you ride with the van or there is a medical situation. We are not responsible for any items left in SAG vehicles.
- Personal/Team SAG's will not be allowed to pull into, park, or distribute any materials (including lunch) at Bike MS Rest Stops.
- Thanks to Accenture for sponsoring the SAG vehicles.

MOTORCYCLE SUPPORT

- Motorcycles patrolling the route will have a limited supply of water, first aid kits and a tire pump.
- They can inform cyclists how far the next rest stop is, alert them to any traffic problems and provide overall moral support.

MEDICAL

- Certified medical personnel will be at each rest stop and will travel the route.
- If you need certain medications, please be sure to bring them with you.

BIKE MECHANICS

- Mechanics from Big Shark Bicycle Company, Bike Factory, The Cyclery, Granada and Maplewood Bicycle will be at the rest stops. Please have a credit card or cash to pay for parts.

WE BUILD HOPE.

Through
**COLLABORATION,
 COMMUNICATION &
 KNOWLEDGE**

We are dedicated to improving
 the **PATIENT EXPERIENCE.**



ACW ALLIANCE IS PROUD
 TO SPONSOR THE BIKE MS

BIKE MS WEEKEND ITINERARY » FRIDAY & SATURDAY

FRIDAY, SEPTEMBER 9

3 P.M.

- SITE OPENS - YOU WILL NOT BE ALLOWED IN BEFORE 3 P.M.
- Packet pick-up - The Commons
- Bike storage opens at the tennis courts.
- Campers and RV's can set up.
- Team tents open for pre-ride bonding and relaxation. Please note that cars will not be allowed in the team tent area. Staff and volunteers will be available to help transport items.
- Showers open from 4–10 p.m.

5–7 P.M.

- Dinner available for purchase from LCCC Catering.

7–7:45 P.M.

- Live Entertainment

SATURDAY, SEPTEMBER 10

5:30 A.M.

- Gates open.

6–9 A.M.

- Packet pick-up , Breakfast, Team Photos

7 A.M.

- Opening ceremony, start of the top five 2015 Fundraising Teams and the Top Rookie Team.

| | |
|--------------------------------|------------------|
| 1. Hogan..... | \$176,222 raised |
| 2. Cannonball Express/BJC..... | \$87,521 raised |
| 3. Kaldi's Coffee | \$80,755 raised |
| 4. Maritz | \$58,263 raised |
| 5. Express Scripts | \$49,687 raised |
| Top Rookie Team | |
| Multiple Sharkosis..... | \$19,265 Raised |

7:30–8:30 A.M.

- Start for 50, 75 and 100-mile routes

9–9:30 A.M.

- Start for 25-mile route cyclists.

BIKE MS WEEKEND ITINERARY » SATURDAY CONT. & SUNDAY

SATURDAY, SEPTEMBER 10 (CONT.)

BEGINNING AT NOON

Bike MS Day 1 Finish Line open.

- Massage & Medical Pavilions
- Beer garden hosted by Michelob Ultra
- Team Tents & VIP Tent OpenLive Entertainment: Noon to 8 p.m.
- Register for next year for just \$15 & the first 1,000 get a T-shirt

NOON–4 P.M.

- Food available for purchase from LCCC Snack Bar

3 P.M.

- Bike MS Champions Finish — Join us as people living with MS will have a special opportunity to cross the finish line. Cheer them on! It will be a great reminder for why we ride!

5–8 P.M.

- Dinner from LCCC Catering

SUNDAY, SEPTEMBER 11

6–9 A.M.

- Breakfast (Pancakes, Sausage, Scrambled Eggs)
- Coffee provided by Kaldi's Coffee

7–8:30 A.M.

Start for 50, 75 and 100-mile routes

9–9:30 A.M.

Start for 25-mile route cyclists.

- IF YOU START AFTER 8:30 A.M. YOU MUST RIDE THE 20-MILE ROUTE. EVERYONE MUST BE ON THE ROUTE BY 9:30 A.M.

NOON–6 P.M.

- Finish line open - pick up your medal and celebrate!
- Live entertainment (The Brothers 1–3 p.m.)
- Dinner (Burgers, Veggie Burgers, Hot Dogs, Baked Beans)
- Massage & Medical Pavilions

IF YOU START AFTER 8:30 A.M. YOU MUST RIDE THE 25-MILE ROUTE. EVERYONE MUST BE ON THE ROUTE BY 9:30 A.M.

THE DAY 2 LUNCH DISPLAY IS INSIDE BUNKER HILL HIGH SCHOOL AND CYCLISTS WILL NEED TO REMOVE CYCLING SHOES IN ORDER TO NOT DAME THE FLOOR.

Johnny on the Spot has been providing service in the St. Louis area and surrounding communities since 1965 for both construction and special events. We have been a part of some of the largest build projects in St. Louis as well as the best special events St. Louis has to offer. Johnny on the Spot is committed to learning and improving so that you as the consumer get the best products and service available. CUSTOMER SERVICE FOR EVERY CUSTOMER, EVERY TIME, NO EXCEPTIONS.

Johnny on the Spot is now owned by Republic Services, which is a frontrunner in the recycling and waste industry. By adding Johnny on the Spot to the Republic Services family, we are taking all of our knowledge and experience and making it accessible to you in one phone call.



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We will continue to develop a company dedicated to excellence, environmental responsibility and ethical behavior.

Julie Ross
 Special Event Coordinator / Construction Sales Estimator
 Cell: 314-486-0154
 Office: 314-863-8874
 E-mail: jross@republicservices.com

Don't just ride, Bike MS LEWIS & CLARK COMMUNITY COLLEGE CAMPUS

SEPTEMBER 12-13, 2015 » GODFREY, IL
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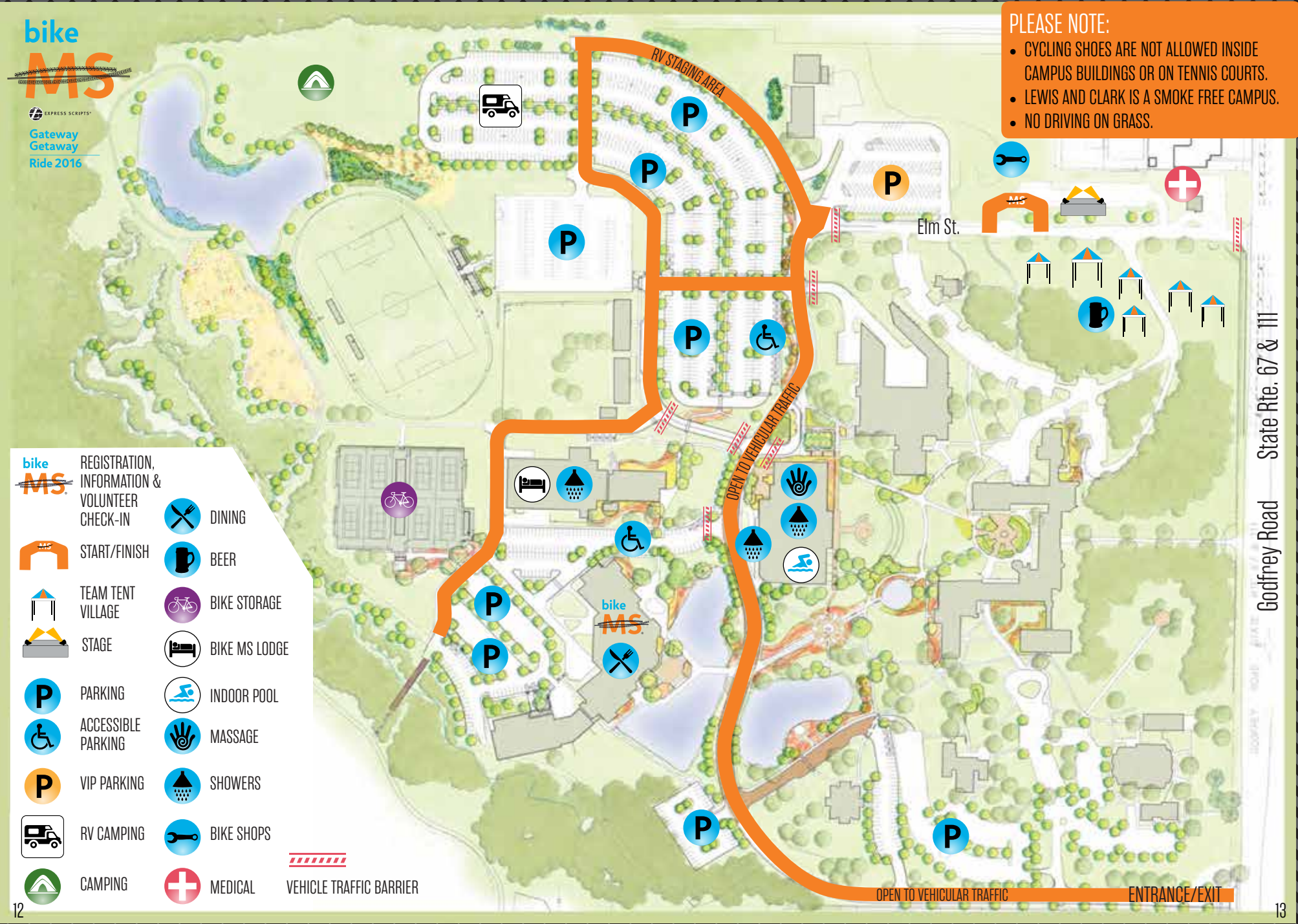
bike MS

EXPRESS SCRIPPS™
 Gateway
 Getaway
 Ride 2016

PLEASE NOTE:

- CYCLING SHOES ARE NOT ALLOWED INSIDE CAMPUS BUILDINGS OR ON TENNIS COURTS.
- LEWIS AND CLARK IS A SMOKE FREE CAMPUS.
- NO DRIVING ON GRASS.

- | | | | |
|--|--|--|---------------|
| | REGISTRATION, INFORMATION & VOLUNTEER CHECK-IN | | DINING |
| | START/FINISH | | BEER |
| | TEAM TENT VILLAGE | | BIKE STORAGE |
| | STAGE | | BIKE MS LODGE |
| | PARKING | | INDOOR POOL |
| | ACCESSIBLE PARKING | | MASSAGE |
| | VIP PARKING | | SHOWERS |
| | RV CAMPING | | BIKE SHOPS |
| | CAMPING | | MEDICAL |
- VEHICLE TRAFFIC BARRIER



State Rte. 67 & 111
 Godfrey Road

MEALS »

- Friday night food will be available for purchase at the Commons Cafe in the McPike Math & Science Complex for \$10.
- Complimentary breakfast and dinner will be served in The Commons inside the McPike Math & Science Complex.
- Lunch for the 25 mile route will be served at the Commons at LCCC on Sunday. Saturday's lunch will on the route at Stop 7 (14.2 miles)
- Lunch for the 50 mile route will be served at Stop 7 on Saturday (39.1 miles) and Stop 5 on Sunday (32.0 miles)
- Lunch for the 75-mile and century routes will be served on the route both days at Stop 5 (Saturday 50.4/73.0 miles) (Sunday 55.4/80.0 miles)
- Friends and family members can purchase meal wristbands for \$15 inside The Commons.

BIBS » CONGRATULATE OUR TOP FUNDRAISERS



MISSION POSSIBLE CLUB (BLUE)

These fundraisers raised at least \$7,500 representing the number of people in our area living with MS.

TOP 150 CLUB (ORANGE)

These fundraisers are our Top 150 fundraisers from 2015. Thanks to Moneta Group for sponsoring the club.

SPOKES CLUB (GOLD)

These fundraisers are our Top 150 fundraisers from 2015.

- Our top 2015 fundraisers will be wearing special colored bibs. So be sure to congratulate them!



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REST STOPS »

SATURDAY, SEPTEMBER 10

Remember the 25 mile route starts at 9 a.m.
You must be on the Century option by 11 a.m.

Rest Stop 1 • Fosterburg (for routes 25, 50, 75, 100)

Open 7:15 a.m.—noon
Milage: 8.2

Rest Stop 2 • Prairietown (for routes 50, 75, 100)

Open 7:45—11:30 a.m.
Milage: 17.5

Rest Stop 3 • Livingston (for routes 75, 100)

Open 8:30—noon
Milage: 30.9

Rest Stop 4 • Hamel (for routes 75, 100)

Open 9 a.m. — 2:30 p.m.
Milage: 42.0 (75); 64.6 (100)

Rest Stop 5 • Edwardsville (Lunch for routes 75, 100)

Open 9 a.m. — 3:15 p.m.
Milage: 50.4 (75); 73.0 (100)

Rest Stop 6 • Wanda (for routes 75, 100)

Open 10:15 a.m. — 4:15 p.m.
Milage: 58.4 (75); 81.1 (100)

Rest Stop 7 • Bethalto (for routes 25, 50, 75, 100)

Open 9 a.m. — 5 p.m.
Milage: 14.2 (25); 39.1 (50); 67.4; (75); 90.1 (100)

Rest Stop 53 • Worden (for routes 50, 75 trail option)

Open 8:15 a.m. — 1 p.m.
Milage: 25.3 (50); 33.2 (Trail)

Rest Stop 101 • New Douglas (for route 100)

Open 8:45 a.m.—noon
Milage: 37.6

Rest Stop 102 • Old Ripley (for route 100)

Open 9:15 a.m. — 1 p.m.
Milage: 49.3

SUNDAY, SEPTEMBER 11

Remember the 25 mile route starts at 9 a.m.
You must be on the Century option by 10 a.m.

Rest Stop 1 • Brighton (for routes 25, 50, 75, 100)

Open 7:15—noon
Milage: 10.5

Rest Stop 2 • Shipman (for routes 50, 75, 100)

Open 7:45—11:30 a.m.
Milage: 21.2

Rest Stop 3 • Wilsonville (for routes 75, 100)

Open 8:30—noon
Milage: 30.9 (75); 59.1 (100)

Rest Stop 4 • Staunton (for routes 75, 100)

Open 9 a.m. — 2:30 p.m.
Milage: 45.4 (75); 70.0 (100)

Rest Stop 5 • Bunker Hill (Lunch for routes 50, 75, 100)

Open 9 a.m. — 3:15 p.m.
Milage: 32.0 (50); 55.4 (75); 80.0 (100)

Rest Stop 6 • Fosterburg (for routes 50, 75, 100)

Open 10:15 a.m. — 4:15 p.m.
Milage: 41.7 (50); 65.1 (75); 89.7 (100)

Rest Stop 22 • Brighton (for route 25)

Open 8:15 a.m. — 1 p.m.
Milage: 18.3

Rest Stop 101 • Carlinville (for route 100)

Open 8:45 a.m.—noon
Milage: 35.8

Rest Stop 102 • Gillespie (for route 100)

Open 9:15 a.m. — 1 p.m.
Milage: 49.2

THANK YOU 2015 TOP 150 CLUB »

TOP 150 CLUB

| | | |
|------------------------------------|-------------------------------------|---------------------------------------|
| 1. Steven Lipstein..... \$51,970 | 42. Lyndon Gross..... \$4,182 | 83. Steve O'Rourke..... \$2,620 |
| 2. Katie Heidenreich..... \$30,001 | 43. Scott Kolbe..... \$4,170 | 84. Richard Elias..... \$2,620 |
| 3. Eloise Schlafly..... \$27,486 | 44. David Goodwillie..... \$4,160 | 85. Phil Milligan..... \$2,620 |
| 4. Michael Haskell..... \$11,496 | 45. Rick Keating..... \$4,111 | 86. Rob Schlumpberger..... \$2,590 |
| 5. Joe McKee..... \$10,685 | 46. Mark Dana..... \$4,109 | 87. Susan Sczepanski..... \$2,577 |
| 6. James Chastain..... \$10,315 | 47. Billy Lawder..... \$4,075 | 88. Rick Weinstein..... \$2,556 |
| 7. Steven Lovell..... \$10,250 | 48. Kevin Howe..... \$4,070 | 89. James Bick..... \$2,510 |
| 8. Steve Miller..... \$10,030 | 49. Trey Hogan..... \$4,015 | 90. James Schulz..... \$2,500 |
| 9. Michael Lowenbaum..... \$10,000 | 50. Joe Fechter..... \$4,000 | 91. Timothy Landskroener..... \$2,500 |
| 10. Mike Phillips..... \$8,520 | 51. Richard Schainker..... \$3,950 | 92. Justin Kelley..... \$2,466 |
| 11. Nicholas Marino..... \$8,245 | 52. Gordon Spainhower..... \$3,798 | 93. Anne Thomasson..... \$2,440 |
| 12. Sheila Miranda..... \$7,685 | 53. Karl Kuehn..... \$3,795 | 94. Christian Snyder..... \$2,426 |
| 13. Gary Werkmeister..... \$7,565 | 54. John Morgenthaler..... \$3,760 | 95. Krista Ankrom..... \$2,405 |
| 14. Paula Hildebrand..... \$7,505 | 55. Tim Rand..... \$3,695 | 96. Edward Dahl..... \$2,403 |
| 15. Paul Kikta..... \$6,617 | 56. Neil Tzinberg..... \$3,675 | 97. Mike Weltmer..... \$2,395 |
| 16. Rick Rovak..... \$6,158 | 57. David White..... \$3,655 | 98. Keith Dorris..... \$2,393 |
| 17. Kim Dryden..... \$6,109 | 58. Konrad Sauer..... \$3,572 | 99. Robert Rothenberg..... \$2,390 |
| 18. Robert Cusworth..... \$5,805 | 59. Bud Straumann..... \$3,385 | 100. Stephanie Haenchen..... \$2,387 |
| 19. William Fechter..... \$5,760 | 60. John Frost..... \$3,348 | 101. Andrew Walshaw..... \$2,355 |
| 20. Gary Hemmer..... \$5,520 | 61. Joseph Liefer..... \$3,340 | 102. Gary Zenk..... \$2,350 |
| 21. Paul Ogier..... \$5,460 | 62. David Rehg..... \$3,290 | 103. David Domian..... \$2,346 |
| 22. Bill Jovanovic..... \$5,453 | 63. Erik Herzog..... \$3,207 | 104. Ron Coleman..... \$2,320 |
| 23. Christie Cange..... \$5,425 | 64. John Phillips..... \$3,201 | 105. Steven Jacobs..... \$2,320 |
| 24. Martha Kroeger..... \$5,396 | 65. Julie Klubek..... \$3,083 | 106. Alice Kohler..... \$2,310 |
| 25. Kyle Darnell..... \$5,395 | 66. Joe Mooney..... \$3,030 | 107. Mark Goerger..... \$2,280 |
| 26. Jamie Mealey..... \$5,350 | 67. Bridget Rehg..... \$3,025 | 108. Marianne Bouras..... \$2,275 |
| 27. Lynda Baris..... \$5,312 | 68. Alvin Wolff..... \$2,973 | 109. Ron LaGarce..... \$2,275 |
| 28. William Frields..... \$5,125 | 69. Kathy McHugh..... \$2,925 | 110. Jim Avery..... \$2,260 |
| 29. Stephanie Boyce..... \$5,120 | 70. Deborah Frank..... \$2,915 | 111. Janet Bowe..... \$2,255 |
| 30. Jill Orr..... \$5,065 | 71. Bill Sinak..... \$2,901 | 112. Tina Micke..... \$2,254 |
| 31. Glenn Jansen..... \$5,040 | 72. Brendon Gallagher..... \$2,880 | 113. Terry Kaempfe..... \$2,250 |
| 32. Anne Goodwillie..... \$4,975 | 73. T. Kohler..... \$2,855 | 114. Jennifer Luner..... \$2,245 |
| 33. Mark Abels..... \$4,955 | 74. Mike Kelsch..... \$2,800 | 115. Joel Efken..... \$2,215 |
| 34. Terry Hoffman..... \$4,865 | 75. Larry Buchanan..... \$2,750 | 116. Doug Murray..... \$2,203 |
| 35. Steven Smith..... \$4,681 | 76. Josh Bergman..... \$2,695 | 117. Olivia Reeve..... \$2,200 |
| 36. Carl Hogan..... \$4,600 | 77. Gary Karcher..... \$2,674 | 118. Joel Kichline..... \$2,190 |
| 37. Phil Jozwiak..... \$4,445 | 78. Bridget Doherty..... \$2,670 | 119. Mitch Baris..... \$2,185 |
| 38. Thomas Pohlman..... \$4,380 | 79. Pamela Wucher..... \$2,665 | 120. Rebecca Magruder..... \$2,175 |
| 39. Jack Turek..... \$4,375 | 80. Richard MoneyMaker..... \$2,650 | 121. Barby Wulff..... \$2,163 |
| 40. Donald Paddick..... \$4,230 | 81. Kristin Robinson..... \$2,635 | 122. Christine Houston..... \$2,150 |
| 41. Craig Snethen..... \$4,190 | 82. Richard Kirby..... \$2,625 | 123. Randy Meisner..... \$2,130 |



TAPSNAP™

Proud Supporter of Bike MS

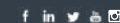
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| 124. Jeff Zacks..... \$2,106 |
| 125. Andrew Marting..... \$2,069 |
| 126. John Rocchio..... \$2,065 |
| 127. Steven Haenchen..... \$2,060 |
| 128. Tim Turek..... \$2,055 |
| 129. Ryan Phillips..... \$2,050 |
| 130. Peggy Luber..... \$2,035 |
| 131. David Guderemuth..... \$2,030 |
| 132. Giuliano Mangiore..... \$2,025 |
| 133. Joshua Ernst..... \$2,025 |
| 134. Cindy Schulte..... \$2,025 |
| 135. Joseph Dolan..... \$2,020 |
| 136. Patric Hughes-Luebbert..... \$2,015 |
| 137. Scott Birdsong..... \$2,015 |
| 138. Rose Ohse..... \$2,005 |
| 139. Will Carney..... \$2,005 |
| 140. Josie McDonald..... \$2,000 |
| 141. Beverly Calcaterra..... \$2,000 |
| 142. Curt Calcaterra..... \$2,000 |
| 143. Daniel Bauer..... \$2,000 |
| 144. Jared Hellensmith..... \$2,000 |
| 145. Erik Morse..... \$2,000 |
| 146. Michael Price..... \$2,000 |
| 147. Greg Steinhoff..... \$2,000 |
| 148. David Wulff..... \$2,000 |
| 149. Kathy Pecher..... \$1,990 |
| 150. Ryan Lynch..... \$1,990 |



Good luck PARIC Team and all Bike MS riders.

Thanks to all volunteers and sponsors who make this event possible.

Ride on!



www.parc.com



Congratulations to our
Circle of Distinction
teams for raising
\$1 MILLION during
their years at Bike MS.



Your Water: Our Focus.

Illinois American Water is dedicated to providing high-quality and reliable water and/or wastewater services to approximately 1.2 million people. We are proud to have provided service to our neighbors since 1889.

Our commitment includes 24/7 water quality monitoring, stringent testing and continued investment – over \$100 million in the last decade alone – to ensure critical water service for homes, businesses, public health and fire protection.



J.D. Power Survey: "Highest in Customer Satisfaction with Water Utilities in the Midwest"

Illinois American Water received the highest numerical score among 14 water utilities in the Midwest region in the J.D. Power 2016 Water Utility Residential Customer Satisfaction Study, based on 20,951 total responses, measuring experiences and perceptions of customers with their primary water provider surveyed March 2016. Your experiences may vary. Visit jdpower.com.



We are proud to be a part of Bike MS 2016



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Your Regional Economic Development Agency & Chamber of Commerce

THANK YOU STEERING, EVENT EXPERIENCE, LOGISTICS COMMITTEES AND BIKE MS STREET TEAMS FOR ALL YOUR HELP PREPARING FOR BIKE MS »

- | | | | |
|-----------------|-------------------------|----------------|------------------|
| Dustyn Arney | Kent Gastreich | Bob Kraus | Tom Pohlman |
| Dave Blackwell | Curt Grueneberg | Barth Legate | Diane Reichert |
| Adam Breeze | Al Guise | Craig Lycke | Dan Ruppel |
| Piper Brintnall | Marty Hall | Jamie Mealey | Cindy Schulte |
| Bill Carroll | Katie Heidenreich | David Morris | Diane Smith |
| Rebecca Carroll | Mike Hein | John Mountain | Tom Stein |
| Kyle Darnell | Andy Held | Karen Mountain | Dave Swopes |
| Nick Demere | Dan Hinkebein | Doug Murray | Kevin Tollefson |
| Laurie DePriest | Christina Horton Morris | Scott Naeger | Brian Utecht |
| Rich Edsell | Chris Houston | Eric Nielsen | Kim Wennenberg |
| Josh Ferguson | Cheryl Isaac | Louis Pach | Jerry Wunderlich |
| Gayle Gallagher | Beej Jagora | Mike Phillips | Barby Wulff |



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*Today we ride.
Tomorrow we
find a cure.*

Moneta Group proudly salutes the Bike MS cyclists and fundraisers for their dedication to the **National Multiple Sclerosis Society's** mission to help those affected by MS stay active and moving forward.

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Looking for a way to spark your training for Bike MS and show your support for the Society all year long? Purchase your very own Bike MS Cycling Bike from TRUE Fitness – your hometown fitness equipment manufacturer.

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TRUE FITNESS IS PROUD TO BE A NATIONAL SPONSOR OF BIKE MS.

BIKE MS PRIZE LEVELS »

\$500-\$749

- Bike MS Water Bottle

\$750-\$999

- Bike MS Jersey

\$1,000-\$1,999

- Bike MS Jersey OR \$50 bike shop gift certificate

\$2,000-\$3,499

- Bike MS Jersey OR \$120 bike shop gift certificate

\$3,500-\$7,499

- Bike MS Jersey OR \$175 bike shop gift certificate

\$7,500 AND UP

- Bike MS Jersey OR \$250 bike shop gift certificate

BIKE MS FUNDRAISING CLUBS »

MISSION POSSIBLE CLUB

Raise \$7,700 (\$1 for everyone in our area living with MS) and receive:

- Mission Possible Club Prize
- Blue bib color indicating top fundraiser status for next year
- Special sign recognition at next year's finish
- Mission Possible Club Patch
- Free registration for next year's ride.
- VIP parking pass for Bike MS next year

TOP 150 CLUB

Be the best of the best. Strive to be one of the top 150 fundraisers and be a member of the Top 150 Club. Top 150 Club members receive:

- VIP parking pass for Bike MS next year
- A unique Top 150 Club logoed item
- Orange bib color indicating top fundraiser status for next year
- Special sign recognition at next year's finish line
- Free registration for next year's ride.

MISSION FIRST CLUB

The Society spends money to provide prizes. By declining your prize, more of the money you raised supports the vital research and programs that are part of our mission — a world free of MS. If you do choose to 'donate it back' you will be recognized at gatewaybikems.org.

SPOKES CLUB

Spokes club members (\$1,000 and up) get:

- Spokes Bike MS Patch
- Yellow bib color indicating top fundraiser status for Bike MS next year
- Special sign recognition at the finish line next year

“I RIDE WITH MS” PROGRAM »

“I Ride with MS” is a special National Multiple Sclerosis Society program that celebrates Bike MS cyclists who are also living with MS. Members of the “I Ride with MS” program enjoy special Bike MS VIP benefits and receive a complimentary “I Ride with MS” jersey. “I Ride with MS” participants are not only committed to cycling to create a world free of MS, but also serve to inspire all who are part of the MS movement. If you or someone you know would like to be part of the “I Ride With MS” program, please go to gatewaybikems.org to register.



SANOFI GENZYME 

BIKE MS PRIZE FORM »

Please submit all unpaid pledges by October 14, 2016. In order to receive your prize, this form must be submitted by November 1, 2016. All prizes must be claimed by January 6, 2017. Go to www.gatewaybikems.org → Ride Information → Prizes & Incentives for information.

Please complete the following information. Recipients will be notified when prizes are available for pick up at the Chapter office. Prizes will only be mailed upon request.

Name _____ Phone _____

Email address _____

Address _____

City _____ State _____ ZIP _____

- I would like to donate my prize back to the Gateway Area Chapter of the National Multiple Sclerosis Society. In-kind receipts are available for tax purposes.

View the chart below to determine which prize you are qualified to receive. You may pick one prize option corresponding to your fundraising level. Please check your fundraising level and ONE prize based on your individual fundraising total (monies received at the Chapter by October 14, 2016).

| RAISED | PRIZE |
|--|---|
| <input type="checkbox"/> \$7,500 & Up | <input type="checkbox"/> Bike MS Jersey Size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL OR <input type="checkbox"/> \$250 Bike Shop Gift Certificate OR <input type="checkbox"/> Mission First Club (donate prize back) |
| <input type="checkbox"/> \$3,500-\$7,499 | <input type="checkbox"/> Bike MS Jersey OR <input type="checkbox"/> \$175 Bike Shop Gift Certificate OR <input type="checkbox"/> Mission First Club (donate prize back) |
| <input type="checkbox"/> \$2,000-\$3,499 | <input type="checkbox"/> Bike MS Jersey OR <input type="checkbox"/> \$120 Bike Shop Gift Certificate OR <input type="checkbox"/> Mission First Club (donate prize back) |
| <input type="checkbox"/> \$1,000-\$1,999 | <input type="checkbox"/> Bike MS Jersey OR <input type="checkbox"/> \$50 Bike Shop Gift Certificate OR <input type="checkbox"/> Mission First Club (donate prize back) |
| <input type="checkbox"/> \$750-\$999 | <input type="checkbox"/> Bike MS Jersey OR <input type="checkbox"/> Mission First Club (donate prize back) |
| <input type="checkbox"/> \$500-\$749 | <input type="checkbox"/> Bike MS Water Bottle OR <input type="checkbox"/> Mission First Club (donate prize back) |

PLEASE EMAIL OR FAX THIS FORM TO: meghan.freeman@nmss.org or 314-432-2307

Some restrictions apply. Prizes are not redeemable for cash and are not cumulative. They are non-transferable and non-replaceable. We reserve the right to substitute prizes of equal or greater value. Participants are responsible for taxes on prizes in value of \$600 or more. Please fill out a W-9 and send it in with this prize form. Call 314-781-9020 if you need a W-9.