



HAIR CARE

Hair Care Services

We offer hair care services for the entire family including cuts, styles, color, perms, highlights, low-lights, chemical conditioning, special occasion styles, and permanent straightening. We have several stylists available by appointment.

Prices vary by stylist and service



MASSAGES

Therapeutic Massage

Various massage techniques and revitalizing cream used to achieve relaxation and comfort.

30 mins.-\$40, 60 mins.-\$60

90 mins.-\$90

Deep Tissue Massage

Massage and manipulation are used to heal and strengthen the body.

30 mins.-\$45

60 mins.-\$65

Prenatal Massage

Expecting moms can find relief and comfort in this treatment.

30 mins.-\$45

60 mins.-\$65

Infant Massage

Techniques are taught to mom, dad, or caregiver to soothe baby.

60 mins.-\$25

Acu-Stone Massage

Balance your body systems while melting away stress through the use of hot stones.

30 mins.-\$55

60 mins.-\$75

Add stones to any massage \$15

Couples Massages

Thirty minute massages \$80

One hour massage \$120



OTHER SERVICES

Waxing – Face & Body

Eyebrows \$13.00

Lip \$8.00

Chin/Neck \$10.00

Sides of Face \$10.00

Bikini \$30.00

Under Arms \$20.00

Arms Half . . . \$25.00 Full . . . \$35.00

Legs Half . . . \$45.00 Full . . . \$80.00

Back \$60.00

Chest \$60.00

Makeup

Makeup Application \$30.00

Lash Tint \$25.00

Lash Perm \$35.00

Brow Tint \$20.00

Try our full line of jane iredale mineral makeup, "the skin care make up."

Permanent Makeup

Eyebrows \$300.00

Eyeliner Upper or Lower \$200.00

Upper and Lower \$375.00

Lip Liner \$275.00

Full Lip \$450.00

(Touch-ups an additional \$25.00 and up)

Roll On Tan (one application) \$25.00

A natural looking tan without the skin damage.

Manicure \$15.00

Spa Manicure \$20.00

Add an exfoliation and mask treatment

14 Day Manicure \$25.00

Manicure looks as good on day 14 as

day one. **Creatives Nail Design**

Paraffin Treatment Hands or Feet \$10.00

Spa Pedicure

Soften and comfort the feet with

exfoliation and a hydrating massage. \$30.00

Add an extra callous treatment and

mask with hot towels. \$45.00

Menu of Services



MY TIME DAYS PA

Because... your time
for you
is important too!!

13 Rosa Avenue
Godfrey, IL 62035
618-208-3479

Contact Information:

Diane Sconce: 618-977-3883 (cell)
Kori Sloan: 618-530-2832 (cell)

Available by appointment
Tuesday through Saturday

Gift certificates available.
Ask about our customer loyalty program!



SPECIALTY SERVICES

Body Polish

A customized exfoliation to leave you feeling silky smooth and replenished. \$60–60 mins.

Aromatherapy Wrap

Visit your sense of smell through deep relaxation, comfort, and stress reduction while being encompassed in warmth. Your choice of customized oil complexes: Relaxing, Uplifting, Detoxifying, or Firming. \$45–30 mins., \$65–60 mins.

Mud Wraps

Renew your skin with natural vitamins and minerals.
Acti-Sea: Stimulation and Detoxification
European Rose: Cell Renewal and Hydration
Black Baltic Sea: Purification and Rejuvenation
\$75–60 mins., \$100–90 mins.

“Parafango” Cellulite & Inch Loss Treatment

A blend of paraffin and mud used to detoxify and tighten the skin while losing inches. \$100–Full Body, \$65–Waist to Knee, \$40–Legs, \$25–Arms

Scalp Treatment

Give your hair a healthy sheen with stimulating and nourishing oils. \$30–30 mins.

Ear Candling

An age old treatment used for cleansing the ear and decongesting the sinuses. \$30–60 mins.

Reflexology

Total body relaxation and healing through reflex points in the feet and hands.
\$20–20 mins. (hands or feet)
\$30–45 mins. (hands and feet)

Targeted Cellulite Treatment

Temporary improvement of dimpled areas by an infusion of exfoliation, mud, and massage to stimulate circulation. For best inch-loss and cellulite results, a high-fiber diet, cardiovascular exercise, and plenty of water are recommended. \$100–90 mins.



FACIALS

Relax & Renew Facial

Formulated for all skin types. A 35 minute facial for deep relaxation and renewal leaving your skin feeling nourished and refreshed. \$40

Corrective Acne Facial

Formulated for problem skin. Individually customized to help treat acne. \$65

European Facial

An hour long facial customized to your individual skin type and needs. \$65

Vita Balance: Formulated for normal to dry skin. Revitalizes and balances the moisture level leaving your skin radiant and supple.

Perfect Combination: Formulated for combination and oily skin. Reduces oil production and large pores leaving skin balanced and firm, without a visible shine.

Advanced Biogen: Formulated for any type of skin in need of rescue. Restores skin tone and color, rejuvenates your skin and regenerates cell growth.

Calming Sensitive: Formulated for any type of skin in need of soothing. Calms, strengthens, protects and softens the skin using products without preservatives or fragrances.

Complex C Facial

Formulated especially for tired and sun stressed skin. Quality vitamin cocktail using Vitamins A, C and E ensures optimal results, leaving skin with a long-lasting, smooth and healthy appearance. \$75

Energizing Oxygen Facial

Formulated for all skin types. Revitalizes tired, stressed skin instantly with fresh energy, restoring a radiant appearance. \$75

Firming Algae Lift-Off Facial

Formulated for all skin types. Stimulates cell activity and firms the tissue with a cooling and calming effect. \$75

Glycolic Acid Peel

Facial peel using 30% Glycolic Acid. An excellent acne and blackhead treatment which will improve skin texture, color and tone. Designed to be done in a series of treatments for optimal results. \$75

Mimical Control + Q-10 Facial

Formulated for all skin types. Provides the ultimate defense against wrinkles by relieving microtensions in the skin and promoting the production of endorphins which stimulate the skin cells against aging, leaving skin intensely moisturized and smooth. (Includes the unique Collagen Biomatrix Mask.) \$85

Bridal/Special Occasion Facial

Formulated for all skin types. The ultimate in facials! Calms, protects and hydrates, using multiple ampoules, giving your skin a fresh and glowing appearance for your special day. \$95

Microdermabrasion (includes full European facial) A non-aggressive procedure designed to be done in a series of treatments for optimal results. Recommended for skin with sun damage, uneven, granular skin, blackheads and whiteheads, fine lines and wrinkles, enlarged pores, minor acne and surgical scars.

Face Only—\$95
Face & Neck—\$115; Face, Neck & Chest—\$135
Face, Neck, Chest and Hands—\$155



PERMANENT MAKEUP

Eyebrows		\$300.00
Eyeliner	Upper or Lower	\$200.00
	Upper and Lower	\$375.00
Lip Liner		\$275.00
Full Lip		\$450.00

(Touch-ups an additional \$25.00 and up.)