



Join a fun Weight Loss Challenge to help you reach your weight-loss goals!

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Join a fun Weight Loss Challenge to help you reach your weight-loss goals!

You could even win a cash prize if you are one of the top achievers in your Challenge!

IN A 12-WEEK COURSE YOU WILL GET:

- Group support to cheer you on
- Your own personal coach
- A free meal plan
- Helpful tips and information on good nutrition and long-term health

Class size is limited, so call now and reserve your spot!

Join the Challenge for only \$35

What do you have to lose?

To pre-register, or for more information, call: 888-837-7760