

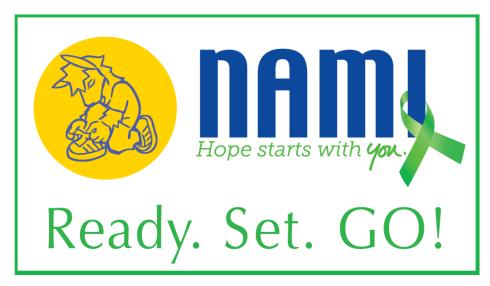
RACE FOR RECOVERY ~ WALK FOR AWARENESS

5K Fun Run ~ 1 Mile Fun Walk Saturday, May 7, 2016 GSC Ballpark, 2301 Grizzlie Bear Blvd, Sauget, IL 62206

- Sign In starts at 7:15am
- 5K Race begins at 8:15am
- Walk begins after runners clear the field



- Photos with Izzy, Grizzlie's Mascot
- Family-Friendly Activities
- Playground Area
- Photos with Live Llamas
- Rain or Shine Event
- Mental Health Booths
- Flat and Fast Course
- Race professionally timed by Final Lap Race Management



Register online https://runsignup.com/NAMI5KRaceforRecovery or use the form below. Info: http://namiswi.org. When registering online, you may use the secure link for credit card payment.

REGISTRATION FORM FOR EACH PARTICIPANT Name _______ Address _______ Phone _______ Email _______ Age* ______ | Male | Female *For 17 and younger, a parent/guardian signature is required. Participant Signature Parent/Guardian Signature If Applicable

Release, Waiver of Liability, Assumption of Risk

NAMI SWI affiliate, volunteers and employees are not responsible for any injuries incurred during the walk/run. We recommend checking with a physician before participating in any physical activity including this event.

	□ 1 Mile Walk Pa	rticipant	\$30.00
	□ 5 K Run Participant		\$30.00
	□ NAMI SWI Open Door Members\$1		\$12.00
	□ Virtual Runner.		\$30.00
	□ Cash	□ Check - Payable	to NAMI SWI
T-Shirt Size - Register by April 23rd to guarantee shirt			
	□ Child Small	Child Medium	Child Large
	□ Adult Small	 Adult Medium 	□ Adult Large
	☐ Adult 1XLarge	☐ Adult 2XLarge	☐ Adult 3XLarge
	This fundraiser is intended to not on		



May is Mental Health
Awareness Month
Go GREEN!!

This fundraiser is intended to not only raise dollars but to raise awareness of brain disorders. Mental Health Awareness is the first step in fighting stigma. With your help, there is hope for those who have mental health disorders and for their families who love and support them.

NAMI SWI is a 501(c)3 Not-for-Profit Organization and your donation is tax deductible to the full extent allowed by law.