

## **Up A Creek Kayak Clinic**

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ALTON – The "Up A Creek Kayak Clinic" will be held on August 8<sup>th</sup> from 9 a.m. to 2 p.m. starting at Dresser Island Boat Ramp and continuing to the Riverlands Migratory Bird Sanctuary in West Alton, MO for a six mile paddling trip on the Mississippi River. Before hitting the water, everyone will be fitted for lifejackets and receive extensive safety training, including on-land paddling instructions. Under the supervision of certified and trained instructors, attendees will learn paddling techniques and kayak maneuvers while exploring the beautiful Mississippi River. All materials, equipment and lunch are included in the \$50 registration fee. Attendees need to wear water shoes and appropriate clothing, bring their own sunscreen and bottled water.

This event is hosted by the Mississippi River Water Trail Association. The Association promotes the Mississippi River Water Trail and safe paddling practices throughout the Mississippi River system. They strive to preserve, enhance, and protect the Mississippi River Water Trail to enrich the quality of life for present and future generations.