



Centerstone To Host Free, Virtual Adverse Childhood Experiences 101 Training On January 31

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Adverse Childhood Experiences (ACEs)

Free, virtual training | CEUs available

ALTON - Centerstone, a nonprofit health system specializing in mental health and substance use disorder treatments, will host a free, virtual Adverse Childhood Experiences (ACEs) training on January 31 from 10 – 11:30 a.m. CT. CEUs are available.

This training will discuss ACEs, provide practical information on how these experiences can impact individuals' wellness throughout the lifespan and review risk factors associated with ACEs and the role of protective factors.

“The ACEs study is groundbreaking and gives us a better understanding of how common ACEs are and how they impact lifelong physical and mental development. Join us for the webinar to learn how ACEs do not determine your destiny,” said Hannah Chapman, Centerstone Trauma, Treatment and Training grant coordinator.

Objectives of the training include:

- Discuss the groundbreaking ACEs study
- Gain a deeper understanding of how common ACEs are
- Learn how ACEs impact brain development
- Discuss how building resilience can result in positive outcomes

The presenter of the training will be Rachel Chrusczyk, prevention specialist with Prevent Child Abuse Illinois.

This training has 1.5 hours of continuing education approved for IL LCPC / LPC, IL LCSW / LSW, and IL Nursing (LPN, RN, APN) under IDFPR Professional Counselor CE License No. 197.000263 and IDFPR Nurse CE Sponsor License No. 236.000184.

To register, visit Centerstone.org/events. For more information, contact Chapman at Hannah.Chapman@Centerstone.org or call 1-877-HOPE123 (1-877-467-3123).

This training is sponsored by Centerstone’s Trauma, Treatment and Training (CT3) program.

“CT3’s aim is to increase access to trauma-focused treatment for children, adolescents and their families who have experienced traumatic events, including children and adolescents involved in the juvenile justice system and children of veterans,” said Chapman.

The counties covered in the CT3 program include Franklin, Jackson, Madison, Perry, Randolph, St. Clair, Union, Washington and Williamson.

CT3 services include:

- Direct trauma and treatment services
- Therapy
- Care management
- Professional training and community education
- Outreach and engagement
- Screening and assessment
- Linkages to services and supports

CT3 develops and maintains local capacity to implement trauma-informed practices and provide evidence-based, informed trauma treatment interventions. The goals of the program are:

- Establish a community-based, culturally competent, quality, accessible program to provide and increase access to effective trauma focused treatment and services systems for children, adolescents, and their families who witness or experience traumatic events.
- Develop a sound infrastructure and increase community capacity to implement trauma-informed services for the focus population.
- Improve the health status and outcomes for young children – ages 2 to 9 years old, adolescents – ages 10 to 17 years old, and families as measured at intake, 6 months and discharge follow-up.
- Develop and disseminate a thoroughly documented model with measurable objectives for statewide and national replication and adoption.

About Centerstone

Centerstone is a nonprofit health system specializing in mental health and substance use disorder treatments for people of all ages. Services are available in Florida, Illinois, Indiana, North Carolina, and Tennessee through the operation of outpatient clinics, residential programs, school-based services, telehealth, and an inpatient hospital. Centerstone also offers specialized programs available nationwide for the military community, as well as services for children, including therapeutic foster care. Centerstone's Institute provides guidance through research and technology, leveraging the best evidence-based practices for use across our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives. Learn more by visiting Centerstone.org.