

SIUE Guard Sofie Lowis Named Prairie Farms Cougar of the Week

by Owen Hetherington
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EDWARDSVILLE – SIUE women's basketball guard [Sofie Lowis](#) (Springfield, Illinois) has earned Prairie Farms Cougar of the Week honors after averaging 20.0 points over two contests last week.

Lowis began her week with a team-high 17 points at Xavier on Friday, her sixth contest scoring in double-figures this season. The junior shot 5-14 overall, 3-6 from three-point land, and was a perfect 4-4 at the free throw line. She added three rebounds, a block, and an assist.

She followed up with a career-high 23 at Loyola Chicago Monday, going 7-13 from the floor, 4-9 from three-point territory, and a perfect 5-5 at the free throw line. The guard also led the Cougars with four assists and two steals while contributing a pair of rebounds.

Lewis ranks second on SIUE and 16th in the Ohio Valley Conference averaging 10.8 points per game. She stacks up fourth in the league in three-point field goals made with 26, averaging 2.2 per game.

The Prairie Farms Cougar of the Week honors an SIUE student-athlete who demonstrated excellence in competition.

About Prairie Farms:

Prairie Farms is a farmer-owned cooperative, meaning the company is owned and operated by over 600 farm families. They have selflessly taken on the tremendous task of producing nutritious, high-quality milk for a growing population, which requires being on the job 24/7, 365 days a year. Prairie Farms has represented American agriculture since its founding in 1938. For more information on Prairie Farms, visit www.praireefarms.com.