

OSF Saint Anthony's To Hold Education Sessions On Lymphedema

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ALTON – Beginning next month, OSF HealthCare Saint Anthony's Health Center Mission Partners (employees) will hold free meetings to inform the public about [lymphedema](#).

The National Cancer Institute defines lymphedema as a condition where lymph fluid does not drain properly. The fluid may build up in the tissues and cause swelling,

usually in the arms and legs. The condition is often associated with cancer and radiation therapy.

“It’s important to be aware of lymphedema, as it can seriously impact the quality of life for patients,” said Frances Young, manager of rehabilitation services at OSF Saint Anthony’s. “Fortunately, we know a lot about managing this condition.”

OSF Saint Anthony’s rehabilitation services mission partners will hold free informational meetings on the following dates: August 4, September 1, October 6, November 3 and December 1. Each session is from 1 p.m. to 2 p.m. at the OSF rehabilitation services office at Alton Square Mall (200 Alton Square). In addition to learning about lymphedema, residents will get to speak with people who have the condition to learn how they manage.

About OSF HealthCare Saint Anthony’s Health Center: A 49-bed Rural Health designated acute care hospital in Alton, Illinois, [OSF Saint Anthony’s](#) serves the residents of Madison, Jersey and Macoupin counties. It is home to OSF Moeller Cancer Center, which provides the latest diagnostic tools and treatment for patients in a relaxing environment. OSF Saint Anthony’s also provides 24-hour access to a physician-staffed emergency department, in addition to cardiovascular, neurology, pulmonology, surgical, rehabilitation services and more. OSF Saint Anthony’s is fully accredited by the Joint Commission for Healthcare Facilities, American College of Surgeons’ Commission on Cancer, American College of Radiology, CMS 4-Star Rating, American Heart Association, IDPH and TJC Primary Stroke Center. OSF Saint Anthony’s is part of OSF HealthCare – an integrated health system with 15 hospitals in Illinois and Michigan and robust Innovation and Digital Health divisions that provide access to specialty care and remote monitoring, helping people receive the care they need close to home. [OSF HealthCare](#) is operated by The Sisters of the Third Order of Saint Francis.