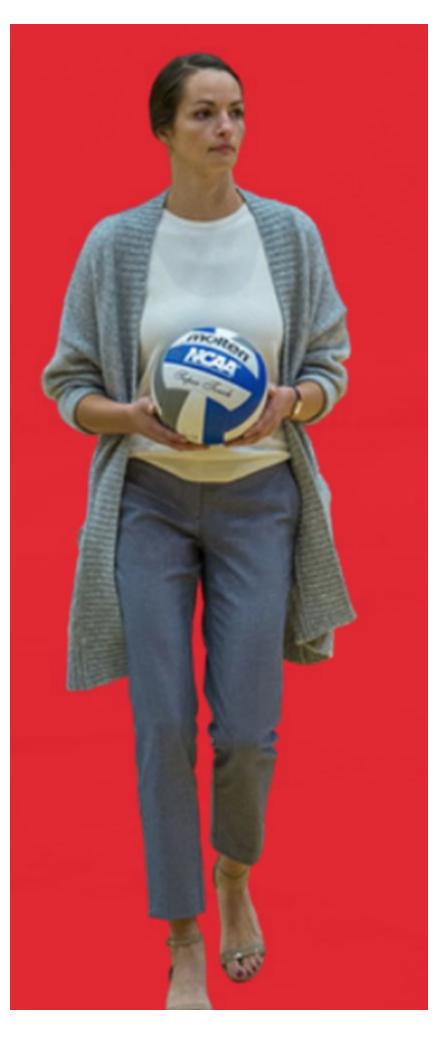


SIUE Volleyball Announces Upcoming Summer Camps

by Joe Pecoraro May 18 2022 2:57 PM

EDWARDSVILLE - The SIUE volleyball program has announced the schedule of camp offerings for Summer 2022, as Head Coach Kendall Paulus and her staff are set to once again welcome campers to First Community Arena.



Cubs Clinics

Campers will be divided into age/skill appropriate groups and weight-modified balls, adjusted net heights, and smaller courts will be used to help teach the fundamentals and foster an enjoyable, learning environment for all campers no matter skill level or age. These Cubs will receive an introduction to the basics of volleyball using fun skills and games unique to this age group; breaks will be included.Campers will be divided into age/skill appropriate groups to ensure an enjoyable and fun learning environment. Athletes will be joined by SIUE student athletes and coaching staff, who will serve as camp coaches.

All Skills Camp

All-Skills camp is focused on breaking down each skill associated with the game of volleyball, primarily focusing on serving, passing, setting, and attacking. Those skills will then be combined into live 6 vs. 6 drills and play. This is a great opportunity for athletes to learn and develop on each skill while interacting with SIUE players and staff. Campers will be divided into age/skill appropriate groups to ensure an enjoyable and fun learning environment. Athletes will be joined by SIUE student athletes and coaching staff, who will serve as camp coaches. Camp T-Shirt included. Lunch will not be provided. There will be a designated space for campers to enjoy lunch under the supervision of a SIUE Volleyball Camp staff member.

Serving Clinic

Our Serving Clinic is designed to help you develop into a solid, consistent server. We will deconstruct all types of serves including but not limited to: float, top-spin, and jump serves. Our staff will work with you to select the most effective serve for your individual ability, along with providing feedback to make you an efficient and effective server.

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Specialty Camps

Individual specialty camps are meant to provide skill breakdown and maximum reps. SIUE coaches and players will run drills designed to apply foundational tactics to gamelike situations. This camp will provide drills and techniques to help prepare you for your upcoming season. If you are looking to advance your position skills, this camp will help you reach your goals! Campers will be divided into age/skill appropriate groups to ensure an enjoyable and fun learning environment. Athletes will be joined by SIUE student athletes and coaching staff, who will serve as camp coaches. Camp T-Shirt included. Lunch will not be provided. There will be a designated space for campers to enjoy lunch under the supervision of a SIUE Volleyball Camp staff member.

Elite Camps

In this Elite day camp, campers will be able to experience what it is like to be a SIUE Cougar volleyball student athlete. If your goals are to improve your overall technique, general tactical knowledge, and train at a high level, this is the camp for you! All skills will be taught and reviewed including: serving, passing, setting, hitting, blocking, and digging.

Campers will be divided into age/skill appropriate groups to ensure an enjoyable and fun learning environment. Athletes will be joined by SIUE student athletes and coaching staff, who will serve as camp coaches. Camp T-Shirt included. Lunch will not be provided. There will be a designated space for campers to enjoy lunch under the supervision of a SIUE Volleyball Camp staff member.

All camps will take place inside the main gym at First Community Arena at the Vadalabene Center on the SIUE campus. <u>Click here</u> to register for the camps of your choice, or <u>click here</u> for any further questions or inquiries.