

# Help HSHS Home Care Illinois Collect Food Items for Local Food Pantry

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O'FALLON — In recognition of February being National Canned Food Month, HSHS Home Care Illinois is holding their annual “Cram the Car” food drive this month for the Catholic Urban Program food pantry to help those struggling with food insecurity.

Community members are invited to “cram” a Home Care car by donating non-perishable items. On Tuesday, Feb. 15, a HSHS Home Care Illinois branded car will be parked on the HSHS St. Elizabeth’s Hospital campus at the main entrance canopy (blue “Hospital” sign) from 8 a.m. to 4 p.m. accepting donations.

Some non-perishable items that the food pantry could use are:

- Pancake mix and syrup
- Jelly
- Canned fruit
- Pasta sauce
- Cereal
- Granola
- Sugar free canned fruit
- Low salt canned vegetables
- Large boxes of oatmeal

...as well as any other non-perishable items. Canned fruits and vegetables are a good source of important nutrients. Select canned fruit that is packed in 100% juice or water and low-salt canned vegetables for a healthier lifestyle.

When donating, please check the expiration date of items and avoid donating expired goods.

For more information about the canned food drive, contact Valerie Engelbart, volunteer /bereavement coordinator for HSHS Home Care Illinois, at 217-685-0702 or email [Valerie.Engelbart@hshs.org](mailto:Valerie.Engelbart@hshs.org). To find out more about services offered by HSHS Home Care Illinois, visit [www.hshshomecare.org](http://www.hshshomecare.org).

### **About Hospital Sisters Health System**

*Hospital Sisters Health System's (HSHS) mission is to reveal and embody Christ's healing love for all people through our high-quality Franciscan health care ministry. HSHS provides state-of-the-art health care to our patients and is dedicated to serving all people, especially the most vulnerable, at each of our physician practices and 15 local hospitals in two states – Illinois (Breese, Decatur, Effingham, Greenville, Highland, Litchfield, O'Fallon, Shelbyville and Springfield) and Wisconsin (Chippewa Falls, Eau Claire, Oconto Falls, Sheboygan and two in Green Bay). HSHS is sponsored by Hospital Sisters Ministries, and [Hospital Sisters of St. Francis](http://www.hshs.org) is the founding institute. For more information about HSHS, visit [www.hshs.org](http://www.hshs.org). For more information about Hospital Sisters of St. Francis, visit [www.hospitalsisters.org](http://www.hospitalsisters.org).*