

Saint Anthony's Offers Lymphedema Support Group

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**SAINT ANTHONY'S
HEALTH CENTER**

ALTON – Area residents suffering from lymphedema are invited to a Lymphedema Support Group, scheduled for Thursday, January 15 at 6:30 p.m. in the auditorium of OSF Saint Clare's Medical Office Building, 815 East Fifth Street.

Lymphedema is a condition that involves a buildup of fluid in the body – “lymph” is nearly colorless fluid; “edema” means a buildup of fluid in body tissues. Some cancer treatments can put a person at risk for lymphedema, which may occur immediately after cancer treatment or many years later.

Facilitated by certified lymphedema specialists and physical therapists from OSF Saint Anthony's -- Susan Young and Frances Young – the group focuses on lymphedema

treatment and self-care, while relating personal experiences with members in the support group.

For more information or to register for the Lymphedema Support Group, please call 465-2264.