



# Centerstone To Host Free, Virtual Secondary Trauma Training On March 31

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WEST FRANKFORT – Centerstone, a national leader in behavioral health care, will host a free, virtual Secondary Trauma training on March 31 from 10-11:30 a.m.

Providing competent, ethical care starts with the provider's awareness of their own needs and concerns. A provider who is able to address their own needs is one who can further support the needs of clients and act in a manner that is professional, responsible, and reliable. This training will seek to enhance the professional skills of counseling and social work staff by identifying and addressing their own concerns related to secondary trauma.

Objectives of the training include:

- Identify possible symptoms of secondary trauma
- Increase knowledge of secondary trauma, burnout, and compassion fatigue
- Discuss coping skills for secondary trauma
- Increase knowledge of resources for secondary trauma

The presenter of the training will be Amber Anderson, the prevention specialist with Prevent Child Abuse Illinois.

This training has 1.5 hours of continuing education approved for IL LCPC / LPC, IL LCSW / LSW, and IL Nursing (LPN, RN, APN) under IDFPR Professional Counselor CE License No. 197.000263 and IDFPR Nurse CE Sponsor License No. 236.000184.

To register, visit <http://bit.ly/033121ST>. For more information, contact Megan Ragan at [megan.ragan@centerstone.org](mailto:megan.ragan@centerstone.org) or call 1-877-HOPE123 (877-467-3123), ext. 7875.

This training is sponsored by Centerstone's Trauma, Treatment and Training (CT3) program.

Other CT3 training events in 2021 include:

- March 10 – Adverse Childhood Experiences (ACEs)
- March 31 – Secondary Trauma
- April 7 – Child Abuse Prevention
- April 28 – Stewards of Children
- May 26 – The Effects of Domestic Violence on Children
- June 30 – ACEs
- July 28 – Trauma 101
- Aug 25 – Childhood Trauma
- Sept 29 – Stewards of Children
- Oct 27 – The Effects of Domestic Violence on Children
- Nov 10 – Secondary Trauma
- Dec 8 – Trauma 101

“CT3’s aim is to increase access to trauma-focused treatment for children, adolescents and their families who have experienced traumatic events, including children and adolescents involved in the juvenile justice system and children of veterans,” said Ragan, CT3 Trauma Training and Care Coordinator.

The counties covered in the CT3 program include Franklin, Jackson, Madison, Perry, Randolph, St. Clair, Union, Washington and Williamson.

CT3 services include:

- Direct trauma and treatment services
- Therapy
- Care management
- Professional training and community education
- Outreach and engagement
- Screening and assessment
- Linkages to services and supports

CT3 develops and maintains local capacity to implement trauma-informed practices and provide evidence-based, informed trauma treatment interventions. The goals of the program are:

- Establish a community-based, culturally competent, quality, accessible program to provide and increase access to effective trauma focused treatment and services systems for children, adolescents, and their families who witness or experience traumatic events.
- Develop a sound infrastructure and increase community capacity to implement trauma-informed services for the focus population.
- Improve the health status and outcomes for young children – ages 2 to 9 years old, adolescents – ages 10 to 17 years old, and families as measured at intake, 6 months and discharge follow-up.
- Develop and disseminate a thoroughly documented model with measurable objectives for statewide and national replication and adoption.