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Alton Memorial Offers ‘Family and Friends’ CPR Course June 14

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ALTON, IL – Alton Memorial Hospital, in partnership with the American Heart Association, is offering a free “Family and Friends” CPR class from 9-11 a.m. Saturday, June 14.

The course will be held at the AMH facility at 161 N. Bellwood Drive in East Alton. To register for



the



course, contact Debbie Woelfel at 618-258-9930 or daw5900@bjc.org.

Don't take a CPR course for yourself; take it for your family and friends. All you need are your hands and a few hours of training to learn how to help save someone in a life-threatening situation. Performing effective CPR immediately after someone suffers sudden cardiac arrest can double their chance of survival.

The Family and Friends course is a community CPR course and does not meet CPR certification requirements of employment or required professional credentials.

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