

Rep. Bristow Encourages Volunteer Opportunities for Healthy Residents

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ALTON – State Rep. Monica Bristow, D-Alton, is providing volunteer opportunities and information for healthy individuals to safely help others and their communities amidst the COVID-19 outbreak.

“As we’ve been social distancing, many people have reached out to my office to ask what they can do to help,” said Bristow. “By visiting online resources, residents can find out what we need around the state and ways to help in safe ways, as well as find what their local community needs by searching for opportunities by county.”

The websites www.serve.illinois.gov and www.serveillinois.galaxydigital.com list statewide opportunities to volunteer, but also has the ability to break down service opportunities by location. Some of the most vital needs are to donate personal protective equipment (PPE), donating blood to your local blood center, or donating to the local food pantry. If you have any questions about volunteering, contact Rep. Bristow’s office at 618-465-5900 or RepMBristow@gmail.com.

“For those staying home, there are still many ways to help contribute, like making appreciation gifts like cards or masks for our first responders and health care workers,” said Bristow. “During this difficult time, it is important to show those that are risking their health our gratitude for their service in protecting us all.”

To find the most recent information about resources and information regarding COVID-19 in Illinois, visit <https://coronavirus.illinois.gov> or call the Illinois Department of Public Health at 1-800-889-3931.