



Stuart to Host Mental Health Roundtable on Addiction Awareness

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COLLINSVILLE, Ill. – To increase awareness and help break the stigma around mental health and addiction, state Rep. Katie Stuart, D-Edwardsville, will be hosting a Mental Health Roundtable focusing on addiction and the effects on the person living with substance use, on their family members, and on loved ones. Stuart is hosting this event with state Rep. Monica Bristow, state Sen. Rachelle Crowe and Chestnut Health Systems.

PLEASE JOIN

STATE REP. **KATIE STUART**,
STATE REP. **MONICA BRISTOW**,
AND STATE SEN. **RACHELLE CROWE**
FOR A

MENTAL HEALTH ROUNDTABLE: FAMILY AND ADDICTION

Thursday, December 5
11:30 a.m. to 12:30 p.m.

Chestnut Health Systems
50 Northgate Industrial Dr. • Granite City

Meet local leaders and mental health professionals from Chestnut Health Systems for a roundtable discussion on addiction and how it affects families in the community. Discussion topics will include recent legislation to combat addiction and the opioid crisis, local services available to families, and warning signs for addiction.



For more information, please contact Rep. Stuart at:
618-365-6650 or RepKatieStuart@gmail.com.

“Recently, I voted to pass legislation to increase mental health awareness on college campuses and require public universities to implement trainings to aid the mental health

of their students,” Stuart said. “Mental health affects every individual and their family members. It is as important as a person’s physical health and should be treated as a priority.”

During this event, Stuart will join local legislators and mental health, addiction, and primary health care professionals from Chestnut Health Systems to lead a discussion about approaches to treatment as well as local resources for families. The Mental Health Roundtable will take place on Thursday, Dec. 5 from 11:30 a.m. to 12:30 p.m. This event will be at Chestnut Health Systems, located at 50 Northgate Industrial Dr. in Granite City. This event is free and open to the public.

“Addiction affects not only the person living with substance use, but the family as well. Whether it stems from misusing prescription drugs or from using illegal substances, our community has a stake in tackling the issue from all angles,” continued Stuart. “I look forward to a productive discussion on how people believe we can improve all areas of mental health care, whether it be through legislation or community programs.”

Chestnut Health Systems is a non-profit organization that has cared since 1973 for persons needing behavioral health services. Chestnut provides substance use disorder treatment, mental health counseling, primary health care, credit counseling, and housing and supportive services. It is a leader in substance use-related research. More at www.chestnut.org.