



# **Givin' it All for Guts to hold Margarita 5k run/walk to encourage discussion about bowel disease**

September 24 2018 9:03 AM

**givin' guts**  
IT  
ALL  
FOR



# Margarita 5K Run/Walk

For more information or to register:

Call 618-806-2678

Facebook.com/givinitallforguts

GIVINITALLFORGUTS.ORG

Age Bracket Awards

**COMPLIMENTARY  
MARGARITAS**

*to those only over 21 years of age  
(ID required)*

**Chips and Salsa**

provided by Little Mexico Restaurant

**DJ and LOTS of FUN!**

**Starts at Alton Amphitheater and Runs  
along the Madison County Transit Trail**

SATURDAY  
**OCT 13**

**3pm**

Alton, IL

**\$30**

a person

All proceeds support The IBD Research Program at Washington University, a team of scientists and physicians leading discoveries to help patients with Crohn's Disease, Colitis and IBD-related illness.

Bring your friends and patronize Alton Businesses after the race

BETHALTO – Givin' It All For Guts has been busy preparing for the upcoming 5K Run honoring Ms. Casey "Bee" Bennington.

Our non-profit organization has donated \$30,000 towards the research of Inflammatory Bowel Diseases (IBD); additionally, we provide support to individuals and their families in times of need. Most people know someone affected by Crohn's Disease or Colitis; unfortunately, these diseases are not frequently discussed.

**ABOUT Givin' It All For Guts –** Givin' It All For Guts is a non-profit organization based out of Bethalto, Illinois formerly organized in 2014. We have one mission: To support individuals seeking a cure for Crohn's Disease and Colitis through research and compassion. Our foundation provides support to [Dr. Ciorba](#) and the IBD Program at Washington University Saint Louis School of Medicine.

**ABOUT Dr. Ciorba's Team –** Dr. Ciorba, Associate Professor of Medicine Director of the Inflammatory Bowel Diseases Program at Washington University Saint Louis School of Medicine and the team conduct research to find a cure for IBD and disease related complications. The IBD team also work closely with colorectal surgeon specialists, radiologists and GI pathologists to provide comprehensive and compassionate care for their patients.

**HOW you can help -** Your support, along with other generous benefactors, will help Dr. Ciorba and the IBD team close the gap between symptom treatment and finding a cure for Crohn's Disease and Colitis. Attend the upcoming 5K Givin' It All For Guts Margarita Run in Alton, IL.