

## Abundant Life Community Church to host Calming the Chaos conference on September 29

July 30 2018 11:53 AM



"He heals the brokenhearted and binds up their wounds." Psalms 147:3

## **Trauma Informed Care Training Event**

Join us for this 4 hour training designed to help ministry leaders and volunteers that work with children and teens to better understand the behaviors of children that have been through trauma.

Open to all churches and denominations.

All leadership and volunteer staff are encouraged to attend.

## Guest speakers, Angie Darden & Erin Bickle from Refuge will be sharing about:

- Adverse Childhood Experiences
- Mental and physical impacts of childhood exposure to trauma
- Understanding the behaviors of children with trauma
- Tools to use in the church setting
- Burnout of volunteers: How to stop secondary trauma
- · The Trauma-Informed Church and paradigm shift



Saturday, September 29, 2018 12:00 pm-4:00 pm

Abundant Life Community Church 3986 Humbert Rd. Alton, IL 62002

Call (618) 474-5433 or register online: care.abundant.church

\$25 Registration fee covers you and your team of volunteers!

\$5 lunch optional from 11am-12 pm proceeds help kids in Thailand



A trauma-informed, holistic program provided out of Riverbend Family Ministries for families with children ages 0-11 who have experienced abuse/violence.

refuge4kids.org 618-251-9790 131 E. Ferguson Ave. Wood River, IL 62095



Erin Bickle, Executive Director of Refuge



Angie Darden, Case Worker & Parent Educator

ALTON – Abundant of Life Community Church is hosting a training conference called, "Calming the Chaos" on September 29<sup>th</sup> from 12pm-4pm. The training is designed to help ministry leaders and volunteers that work with children and teens to better understand the behaviors of children that have been through trauma. This event is open

to all churches and denominations – all leadership and volunteer staff are encouraged to attend.

Pastor David Anderson with Abundant of Life Community Church is excited to bring this training into the community, "Our communities are full of teens and children who live in very tough circumstances. It can be very hard to reach them when your teams don't understand how to effectively relate to them, and meet their specific needs."

"I can remember becoming very frustrated trying to get kids to behave and participate, and often feeling like I had no clue on how to keep control. This training will transform the way we minister to these kids. It'll help us understand how these children think and react, and have the tools to engage them in effective ways," says Anderson.

Anderson has collaborated with local nonprofit, *Refuge* to help facilitate the training. Refuge is a nonprofit that serves children and families in Madison County who've been exposed to childhood abuse and trauma. They help address and prevent childhood abuse and violence exposure with therapy and training. Executive Director, Erin Bickle and Case Worker/Parent Educator, Angie Darden are the special guest speakers for this training.

Bickle and Darden will share information on: Adverse Childhood Experiences, Mental and physical impacts of childhood exposure to trauma, Understanding the behaviors of children with trauma, Tools to use in the church setting and the Burnout of volunteers: How to stop secondary trauma.

"We're very excited to participate in the Calming the Chaos training as we feel strengthening and educating the different aspects of community are crucial to the resilience of our children," said Bickle. "We feel like this training will help those working with children and youth look through a different lens when attempting to support, build up and ultimately bring hope to those they're working with."

Bickle said trauma training is important because without the knowledge of how trauma impacts even our youngest children, we cannot properly support and help them heal.

"Refuge can't wait to participate in this training because there's a need in our faith-based community to support volunteers working tirelessly with children who come from hard places," said Darden. "This training will help those volunteers to understand the impact of trauma on the developing child. Trauma training is so important because it gives us insight, tools, and empathy to continue building the strongest connection with our children, their parents, and ultimately showing the unconditional love of Christ."

Pastor Anderson hopes to equip church teams to better meet the needs of at risks kids. He's hoping church leaders, youth/kids pastors and volunteers will sign up for this training.

The cost is \$25 per church team (up to 20 people per team). Lunch will be available from 11am-12 pm and can be purchased that day (proceeds helps children in Thailand). The training will take place at the Abundant Life Community Church; 3986 Humbert Road, Alton, Illinois.

Registration is encouraged. Tickets are available to purchase online: <u>www.abundantlifechurches.org/event/calming-the-chaos</u>.