

Multi-state salmonella cluster: Illness associated with sprouts served at Jimmy John's

January 19 2018 2:10 PM

SPRINGFIELD – The Illinois Department of Public Health (IDPH), along with the Centers for Disease Control and Prevention, the Food and Drug Administration, and other state and local health departments, is investigating a recent cluster of *Salmonella* ser. Montevideo infections. Two cases have been identified in Illinois residents. People in Illinois reported becoming ill on December 20 and 26, 2017. Based on a review of produce, suppliers, and items consumed, investigators believe the most likely source of the infection is sprouts from multiple Jimmy John's locations.

To reduce the risk to additional customers, IDPH has requested that all Jimmy John's restaurants in Illinois remove sprouts from their menus until the investigation is complete. IDPH is also reminding restaurants not to let food handlers with diarrhea work. If you have developed symptoms of *Salmonella* infection after eating food at a Jimmy John's restaurant please contact your health care provider or local health department.

Symptoms of *Salmonella* may include headache, muscle aches, diarrhea, vomiting, abdominal cramping, chills, fever, nausea, and dehydration. Symptoms usually appear 6 to 72 hours after ingesting the bacteria, but can be longer. Most illnesses resolve on their own and do not require treatment other than drinking fluids to stay hydrated. If your symptoms persist or are severe, promptly contact your health care provider.

Salmonella bacteria live in the intestinal tracts of humans and other animals. Almost any food can be contaminated with Salmonella. Person-to-person transmission of Salmonella occurs when an infected person's feces, from his or her unwashed hands, contaminates food during preparation, or comes into direct contact with another person.