

SIUE offers personal trainer certification

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EDWARDSVILLE - Southern Illinois University Edwardsville is offering a non-credit course beginning in February for individuals interested in becoming certified personal trainers.

The course will provide the knowledge, practice and experience required to be successful in this growing field. The fitness profession offers flexible hours, full- and part-time careers, and supplemental income.

The course will be offered on Saturday mornings beginning February 24 and will continue through April 7, 2018. To receive this national certificate, a student must successfully pass the course, as well as complete a 30-hour internship, and obtain both CPR and AED certification.

For more information, contact Cindy Cobetto at <u>618-650-2164</u> or visit <u>siue.edu</u> /<u>educationaloutreach/Certified Personal Trainer Course</u>.

The course is taught by World Instructor Training Schools. For details, call W.I.T.S. at (888) 330-9487 or visit <u>witseducation.com</u>.

The program is eligible for Workforce Investment Act Funding. Approved continuing education credits for massage therapists, athletic trainers and occupational therapists are issued through W.I.T.S.

Southern Illinois University Edwardsville provides students with a high quality, affordable education that prepares them for successful careers and lives of purpose to shape a changing world. Built on the foundation of a broad-based liberal education, and enhanced by hands-on research and real-world experiences, the academic preparation SIUE students receive equips them to thrive in the global marketplace and make our communities better places to live. Situated on 2,660 acres of beautiful woodland atop

the bluffs overlooking the natural beauty of the Mississippi River's rich bottomland and only a short drive from downtown St. Louis, the SIUE campus is home to a diverse student body of nearly 14,000.