



# **Cardinals Reminiscence League expanding to serve more people with memory loss**

March 31 2017 8:43 AM



## REMINISCENCE LEAGUE

### A PROGRAM FOR PEOPLE WITH EARLY STAGE MEMORY LOSS

*The Cardinals Reminiscence League is open to people with memory loss who would like to share memories about the Cardinals baseball team, learn about the team's history, and support the current team. New fans and those who would like to socialize and learn more are welcome.*



#### Session Dates:

April 20

May 18

June 15

July 20

August 17

September 21

October 19

**All sessions are free.**

Sessions will be held on the 3rd Thursday  
of each month from 10:30 a.m. - 12:00 p.m.  
at

**St. John's Community Care**

1015B Century Drive

University Pointe II Center in Edwardsville, IL

**Please call 618-656-7090  
to learn more and reserve your seat.**

\*For more information about memory loss, call the Alzheimer's Association's 24/7 Helpline at 800.272.3900.

**EDWARDSVILLE** – In partnership with the Alzheimer's Association, [St. John's Community Care](#) is proud to announce the start of the 2017 Cardinals Reminiscence program for people with memory loss: Cardinals Reminiscence League (CRL). CRL builds on the reminiscence therapy concept that memorabilia and other prompts can be used to stimulate conversations about shared memories of past experiences. Individuals

with mild memory loss or in the early stages of dementia meet to share pleasant baseball memories in hopes of enhancing their mood and communication skills.



St. John's Community Care will provide this free program, launched and supported by the Alzheimer's Association, to those with Alzheimer's and related dementia, as well as their care partners.

"We are extremely happy to be able to offer this valuable program in Edwardsville. Cardinal Reminiscence League is a bold, optimistic and innovative approach to aid people with memory loss. Programs like this are a vision for how we can change the way we think and care for people with memory loss," said Nancy Berry, Executive Director for St. John's Community Care.

"The [Alzheimer's Association](#) has had success hosting the Cardinals Reminiscence League and is excited to partner with St. John's Community Care to expand this group and reach more people," said Stephanie Rohlf's-Young, Alzheimer's Association St. Louis Chapter Vice President of Programs.

The CRL program was originally developed in 2011 as a partnership between the Alzheimer's Association St. Louis Chapter, Saint Louis University, St. Louis Veterans Administration (VA), St. Louis Cardinals baseball organization and the Cardinals' Hall of Fame Museum.

The first session of the new program hosted at St. John's Community Care will be on April 20, 10:30 a.m. – 12:00 p.m. at St. John's Community Care Adult Day Center located at 1015 B. Century Drive – University Pointe II in Edwardsville.

The program is the brainchild of John Morley, M.D., director of geriatric medicine at Saint Louis University. Dr. Morley was inspired by the Football Reminiscence Partnership of Scotland, where soccer is more than a pastime. Much like Cardinals baseball, it is a passion.